

Get your free Covid-19 vaccine now

Everyone aged 18 and over can now get their Covid-19 vaccination. There are lots of ways you can get your 1st or 2nd jab locally, at a time and place that suits you.

Millions of people in the UK have now had at least one jab. The sooner we get vaccinated, the sooner we can get back to normal and enjoy doing the things we used to do, like going to events and festivals, and on holiday.

You don't need to wait to be contacted by your GP, you can book an appointment:

1. on the NHS website:
www.nhs.uk/conditions/coronavirus-covid-19
2. by calling 119, or
3. through your local pharmacy.

If you don't want to book, pop along to one of the walk-in clinics listed inside this leaflet.

To walk in, you don't have to be registered with a GP and you don't need to show proof of address, immigration status or an NHS number. Just turn up with something showing you're 18 or over.



**Barking &
Dagenham**

Walk-in Covid-19 vaccine clinics in Barking and Dagenham

The following walk-in clinics will be taking place over the coming weeks across Barking and Dagenham. Anyone aged 18+ can attend, no appointment is needed and you don't need to be registered with a GP, or provide proof of address, immigration status or an NHS number.



Protect yourself from becoming seriously ill - get the vaccine now.

Venue	Date	Time	Vaccine
Fanshawe Community Hall, Barnmead Road, Dagenham, RM9 5DX	30 July	2pm to 6pm	1st and 2nd Pfizer
The Broadway Vaccination Centre, Broadway, Barking, IG11 7LS	31 July	9am to 7pm	1st and 2nd Pfizer / 2nd AstraZeneca
Asda Dagenham, Merrielands Crescent, RM9 6SJ	31 July	2pm to 7pm	1st and 2nd Pfizer
The Broadway Vaccination Centre, Broadway, Barking, IG11 7LS	1 August	10am to 4pm	1st and 2nd Pfizer / 2nd AstraZeneca
Asda Dagenham, Merrielands Crescent, RM9 6SJ	1 August	12 noon to 5pm	1st and 2nd Pfizer
Harmony Clinic, Concord House, 23-27 Kemp Road, RM8 1ST	3 August	3pm to 8pm	1st and 2nd Pfizer
Marks Gate Community Centre, Rose Lane, Dagenham, RM6 5NJ	5 August	11am to 3pm	1st and 2nd Pfizer
Sue Bramley Centre, Bastable Avenue, Barking, IG11 0LH	6 August	12 noon to 5pm	1st and 2nd Pfizer
Broadstreet Surgery, Morland Road, Dagenham, RM10 9HU	7 August	10am to 2pm	1st and 2nd Pfizer
The Broadway Vaccination Centre, Broadway, Barking, IG11 7LS	7 August	9am to 7pm	1st and 2nd Pfizer / 2nd AstraZeneca
The Broadway Vaccination Centre, Broadway, Barking, IG11 7LS	8 August	10am to 4pm	1st and 2nd Pfizer / 2nd AstraZeneca
Village Community Hall, Vicarage Road, Dagenham, RM10 9SD	9 August	11am to 3pm	1st and 2nd Pfizer
Fanshawe Community Hall, Barnmead Road, Dagenham, RM9 5DX	13 August	2pm to 6pm	1st and 2nd Pfizer
Becontree 100 Festival, Parsloes Park, Dagenham, RM9 5SA	14 August	12 noon to 5pm	1st and 2nd Pfizer
Roundhouse Festival, Parsloes Park, Dagenham, RM9 5SA	15 August	12 noon to 5pm	1st and 2nd Pfizer
Sue Bramley Centre, Bastable Avenue, Barking, IG11 0LH	20 August	12 noon to 5pm	1st and 2nd Pfizer
Asda Dagenham, Merrielands Crescent, RM9 6SJ	21 August	2pm to 7pm	1st and 2nd Pfizer
Asda Dagenham, Merrielands Crescent, RM9 6SJ	22 August	12 noon to 5pm	1st and 2nd Pfizer
Barking Station, Station Parade, IG11 8TU	23 August	2pm to 7pm	1st and 2nd Pfizer
COVID Dagenham Vaccination Centre at LondonEast-UK business and science park, Dagenham. Rainham Road South, RM7 0QX (use this post code for the car park).	Open 7 days a week	8am to 8pm	1st and 2nd Pfizer / 2nd AstraZeneca

Information correct at time of print - to check locations and times visit www.lbbd.gov.uk/covid-vaccine

The vaccine is your best protection from Covid-19

Having two doses of the vaccine gives you the best defence against getting seriously ill from Covid-19. After two doses, you're less likely to need hospital if you do catch Covid-19. Also, if you haven't had both of your jabs, you may not be able to attend certain events or venues.

If you have questions about having the vaccine, come along to one of the vaccination centres and talk to a doctor to get answers to your questions.

Are there any long term side effects from having the Covid-19 vaccine?

The vaccine has been through a thorough testing process. Short term side effects are minor - you may experience aches and pains or minor flu symptoms but if you do, these should only last around 24 hours.

The effects of catching Covid-19 if you haven't had the vaccine can be deadly, even for young and healthy people.

Without having the vaccine, you could also be at risk of Long Covid which can cause extreme tiredness, breathlessness and more; and can stop you from doing normal everyday things for months or even longer.

Two doses of the Pfizer vaccine protects 96% of people from having to go to hospital if they do catch Covid-19.

For more information visit: lbbd.gov.uk/covid-vaccine